

# COMMUNITY ACTIVITIES PROGRAM

SPRING/SUMMER 2025



SERVING THE GREATER  
CLINTON AREA

# A LETTER FROM THE DIRECTOR



From teaching a program through CAP to participating in activities, spreading the word, and supporting CAP in countless ways—this community has truly stepped up! CAP officially launched in September 2024, and in just six months, over 700 people have taken part in CAP activities. Wow!

This summer marks CAP's first-ever summer season, and we are excited to see what works best for our community while continuing to grow. Thanks to an amazing lineup of activity leaders, we're able to offer another exciting season of programs from April-Aug!

Families can enjoy events like the Teddy Bear Picnic, Little Feet Big Beats, a Circus experience, Ride and Seek bicycle scavenger hunt, and Touch-A-Truck. Youth can learn from British soccer players, take art classes, earn a babysitter certification, or explore the Magic of Science, while adults can Kayak the Creek, unwind at the Serenity & Self-Care Retreat, get active in many different opportunities, or dive into AI learning.

Most registration deadlines are one week prior, but deadlines often extend—check the website for updates if you're a last-minute planner! I hope you'll join us in making this spring and summer full of new experiences, great memories, and community fun!

Sincerely,  
Brooke Franseen  
Community Engagement Director

**REGISTRATION BEGINS  
ON TUES, APRIL 1  
AT 9AM**

*Mission: To cultivate a thriving and connected community through the provision of high-quality, inclusive programs and events for all ages and interests.*

*Vision: To create a vibrant and inclusive recreational environment that ignites passion, fosters learning, and serves as the heart of the community.*

## HOW TO REGISTER

1. Online at [www.clintonactivities.com](http://www.clintonactivities.com)  
New users will need to create an account
2. In-Person at Clinton Elementary
3. By Mail: 115 Milwaukee Rd.  
P.O. Box 566 Clinton, WI 53525  
Attn: Community Activities Program  
(Registration form available online)

## GIFT CERTIFICATES

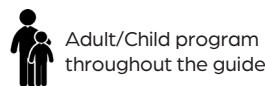
Gift certificates are now available! Purchase easily at [clintonactivities.com](http://clintonactivities.com) and use them for yourself or gift them to someone. Perfect for any occasion!

## CONTACT CAP

Monday–Thursday: 8:00am–4:00pm  
Fridays: 8:00am–12:00pm

Office Location: Clinton Elementary School  
Enter the front doors and check-in  
115 Milwaukee Road  
Clinton, WI 53525

Phone: 608-676-8494  
Email: [brfranseen@clintonwis.com](mailto:brfranseen@clintonwis.com)  
Website: [www.clintonactivities.com](http://www.clintonactivities.com)  
Social Media: [facebook.com/CCSDCougars](https://facebook.com/CCSDCougars)



Adult/Child program throughout the guide

CES = Clinton Elementary School  
115 Milwaukee Rd., Clinton  
CJSH = Clinton Jr./Sr. High School  
112 Milwaukee Rd., Clinton

**Do I have to live in Clinton to participate in CAP activities?**

Residency in Clinton is not a requirement for participation in CAP. All individuals are welcome to join regardless of your place of residence.

**What is your refund policy?**

Program fees are refundable when the activity is canceled by CAP, the participant cancels for a medical reason preventing participation in at least 50% of the program, or the participant un-enrolls 4 or more business days prior to the beginning of the program. If a refund request is made for which CAP has incurred expenses on your behalf, a refund may not be granted. Expenses may be but are not limited to: uniforms, equipment, supplies, etc. Refunds can be issued either in the original form of payment or placed on your account for future recreation program use. Money placed on your account will expire 2 years after the date it was issued.

**When do I have to register for a program?**

Registration deadlines help us gauge the level of interest in a program. To ensure program viability, it's essential for participants to register by the specified deadline. If there are insufficient registrations by the deadline, the program may be canceled.

**Will you accept late registrations?**

Late registrations will be accepted, but there are a few things to keep in mind. There's a possibility that late registrants may not be able to participate if the program has reached its maximum capacity. To ensure smooth planning and organization, deadlines for program registration will be set in advance. If there are enough people to run the class, deadlines typically extend. Keep an eye on the website.

**Can a program get canceled?**

CAP reserves the right to cancel, postpone, or combine classes due to insufficient enrollment. All cancellations due to weather and/or facility conditions will be made as soon as possible.

**Notice of Non-Discrimination**

No person shall, on the basis of sex, race, national origin, ancestry, creed, marital or parental status, age or disability, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity, including employment.

**What happens if there is inclement weather?**

In the event that Clinton Community School District is closed due to inclement weather, all CAP programs are also canceled. In the event of inclement weather, CAP will try to make the cancellation prior to 4:00 pm and look to reschedule the program. If you are unsure if a program will be held, please call the CAP office at 608-676-8494.

**What is your photography policy?**

For program promotional purposes, we may photograph our activities and the participants. Photos may be used on flyers, brochures, websites, social media, and any other purpose determined appropriate. If you do NOT wish to have you or your child's photo taken, please tell the photographer and/or instructor prior to the start of the program.

**What if I have a talent I'd like to offer as a program?**

If you have a talent you'd like to share and turn into a program, we are thrilled to hear about it! Simply fill out the Program Proposal Form found on [clintonactivities.com](http://clintonactivities.com), and we will review your proposal and get in touch with you to discuss further steps. If you would rather not teach a class but you have a program suggestion, we would love to hear it! Please send it to [brfranseen@clintonwis.com](mailto:brfranseen@clintonwis.com).

**Can I volunteer for a program or event?**

Absolutely! Please reach out to CAP at 608-676-8494 or [brfranseen@clintonwis.com](mailto:brfranseen@clintonwis.com) to learn more or to get added to the volunteer list.

**How do I get to the CAP office?**

Arrive to the Clinton Elementary School at 115 Milwaukee Road. Park in the front parking lot and enter through the front doors. For security purposes, check-in with the front office.

**Where are CAP activities located?**

CAP activities are held at various locations around Clinton, WI. Please note that locations may change, so watch for a reminder email with details before the activity start date.

**Credit Card Transaction Fees**

All card transactions will be charged a non-refundable 3.25% service fee. We accept Visa, MasterCard, Discover, and American Express.



# Clinton Community Activities Program Registration Form

3 Ways to Register: In-Person, Online, or Mail-In

Please make checks payable to Clinton Community School District. Return form with legible handwriting and included payment to:  
**Mail:** 115 Milwaukee Rd. P.O. Box 566 Clinton, WI 53525 Attn: Community Activities Program / **In-Person:** 115 Milwaukee Rd. Clinton  
 or **Sign Up Online:** [www.clintonactivities.com](http://www.clintonactivities.com)

Parent/Guardian Name (please print): \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Street Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Email Address: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Emergency Contact Name (in case parent/guardian cannot be reached): \_\_\_\_\_ Phone: \_\_\_\_\_

Participant Full Name	Program Name	Time	D.O.B.	Gender	*Shirt Size	Grade	Fee
<b>Program Fee Subtotal</b>							

\*Please write shirt size in column above if applicable for the program: YS 6-8, YM 10-12, YL 14-16, Adult S-3XL

Please list any participant special needs or medical concerns/limitations to be aware of: \_\_\_\_\_

Deadlines: Registration is not guaranteed after the program deadline.

**Release of Liability/Photo Release**

In consideration of being permitted by the CCSD Community Activities Program to participate in activities at the Clinton Community School District facilities, I hereby waive, release, and discharge any and all claims for damage for personal injury, death or property damage which I may have, or which may hereafter accrue to me, as a result of participation in activities at said facilities. This release is intended to discharge in advance the CCSD Community Activities Program, its officers, employees, and agents from any and all liability arising out of or connected in any way with my participation in activities at this or any other CCSD Community Activities Program facility even though that liability may arise out of negligence or carelessness on the part of those parties. It is understood that activities such as the ones I will be participating in involve an element of risk and danger of accidents and knowing those risks, I hereby assume those risks. It is further agreed that this waiver, release, and assumption of risk is to be binding on my heirs and assigns. I agree to indemnify and to hold harmless the Clinton Community School District and CCSD Community Activities Program, its officers, employees, and agents from any loss, liability, damage, cost, or expense which they may incur as the result of my death or any injury or property damage that I may sustain while participating in any activity at this or any other CCSD Community Activities Program facility.

I hereby give consent for emergency medical treatment for myself or my child in the event it is needed. In addition, I give my permission to have my photo and/or my child's photo taken during CCSD Community Activities Program activities and events and for such photos to be used for any purpose determined appropriate by the CCSD Community Activities Program.

Signature (must be over 18): \_\_\_\_\_ Date: \_\_\_\_\_

<p><b>Office Use Only</b></p> <p>Cash/Check #: _____ Amount Received: _____ Date Received: _____ Received By: _____</p>
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## Birding with Welty

Instructor: Madisen Wendrick, Welty Environmental Cntr

Join Welty Environmental Center at Pelishek-Tiffany Nature Trail for a guided birding hike for all skill levels! Learn to use binoculars, spot local birds, and make a pinecone bird feeder. Bring your own binoculars or borrow a pair. Kids welcome; ages 17 and under must be with an adult. Max: 20  
\*Nature Trail: Mill St. (Farmer's Park)

Sess	Age	Day	Date	Time	Location	Fee
1	All	Sat	5/17	10:00-11:00am	*Pelishek-Tiffany Nature Trail	\$5/person **\$10/family

\*\*\$10/family up to 5 people, then \$5/person after 5 people

Sess 1 Deadline Date: 5/11

## Teddy Bear Picnic

Instructor: Brooke Franseen



Bring a teddy bear to life and create unforgettable memories with your loved ones! Each kit comes with a teddy bear, a heart, stuffing, and a birth certificate - no sewing needed. After assembling your new teddy, relax and enjoy a story and a snack featuring teddy grahams. This fun, hands-on activity **requires adult participation** to ensure a great experience for all. Please bring a blanket for the grass. In the event of inclement weather, the program will be moved indoors. Min/Max: 10/25

Sess	Age	Day	Date	Time	Location	Fee
1	3-11	Thur	6/19	11:30am-12:15pm	CES Playground	\$15/child

Sess 1 Deadline Date: 6/1

## Playground Playdates



Play, connect, and explore at the playground! Parents, caregivers, and kids can enjoy open play with fun items to build communication and play skills. Plus, Clinton Public Library will host story and craft time at the park! No registration needed - just drop in from 10:00-11:00am. Park restrooms open. In the event of inclement weather, the program will be moved to the Clinton Public Library.  
\*Gert Wolter Park: 732 Meadow Park, Clinton

Sess	Age	Day	Date	Time	Location	Fee
1	All	Fri	6/13, 7/11, 8/8	10:00-11:00am	*Gert Wolter Park	Free



## Farmyard Friend Factory

Instructor: Brooke Franseen



Bring a farmyard animal to life and create unforgettable memories with your loved one! Each kit includes a plush barn animal, a heart, stuffing, and a birth certificate - no sewing needed. After assembling your new furry friend, enjoy a fun story and a snack featuring animal-shaped crackers. This fun, hands-on activity **requires adult participation** to ensure a great experience for all. Please register your child and pick which animal you would prefer at registration. Min/Max: 10/25

Sess	Age	Day	Date	Time	Location	Fee
1	3-11	Tue	7/15	4:45-5:30pm	CES Cafeteria	\$15/child

Sess 1 Deadline Date: 6/29



## Paint with Me

Instructor: Miss Nikole, Doodles



Create a painting on stretched canvas with guided instruction. Kids, parents, grandparents and other family members are encouraged to enroll together. Each family member will pick a different Tree of the Season to paint and design. Learn basic painting theories, new brush techniques and gain artistic skills using acrylic paints. Go home with masterpieces ready to hang! All supplies included. Please register each person. **This is an adult/child event.** Min/Max: 5/40 people  
\*Hickory Wood Events: 102 Allen St., Clinton

Sess	Age	Day	Date	Time	Location	Fee
1	5+	Mon	6/30	5:30-7:00pm	*Hickory Wood	\$28/person

Sess 1 Deadline Date: 6/22

# PUZZLE PALOOZA

6:00-8:00PM

SESS 1: FRI, MAY 16

SESS 2: FRI, AUG 8

Teams of two will race against other teams to finish the same 500-piece puzzle first! Top three teams win a prize!

All Ages

\$25/team/session

Sign up 2 weeks in adv.

Located in CES Front Gym

More info: [clintonactivities.com](http://clintonactivities.com)

FAMILY DANCE PARTY

# LITTLE FEET BIG BEATS

FRI, AUG 15 | 5:30-7:00PM  
DJ CESAR PEREZ  
DANCES LED BY CLINTON CHEERLEADERS

ALL AGES - AT HICKORY WOOD EVENTS  
\$7/PERSON INCL. SNACKS, GLOW, CRAFT  
Adult participation required. Sign up by 8/10 - Space is limited



# TOUCH<sup>a</sup> TRUCK

Thursday, Aug 28  
4:30-6:30pm  
Clinton Elementary

Free family event for kids to get up close to big rigs! Sensory-friendly as it will be horn-free. If you would like to showcase a piece of equip., vehicle, etc. please contact Brooke at [brfranseen@clintonwis.com](mailto:brfranseen@clintonwis.com).



# RIDE and SEEK

Saturday, July 12  
Begins at 9:30am  
Clinton Elementary

Explore the community, crack clues to collect stickers for your finisher's medal, and enjoy the adventure! Fun for all ages!

Sign up by 7/9


Bike Scavenger Hunt - \$5/person

# THE MUSIC MAN: COMMUNITY THEATER

Instructor: Aaron Bennett, CCSD Choral Director

Friday, June 13 at 7:00pm  
Saturday, June 14 at 7:00pm  
Sunday, June 15 at 2:00pm

Location: Clinton Elementary School Stage  
Tickets at the door: \$5/youth 18 & under and \$10/adult



MUSICAL DRAMA

6086768494

# DISCOUNTED TICKET PROGRAM

Save money & support CAP by purchasing tickets for your summer fun through us! Tickets can be purchased at the CAP office during office hours with cash or card and are sold May 1–August 29. There are no refunds or exchanges on ticket sales.

Attraction	Free Ages	Our Price	Your Savings
<b>Land of Natura</b> Season: May–Sept, 2025	N/A	Person: \$19.99	\$25.00/tix
<b>Milwaukee County Zoo</b> Season: Open Most Days	Age 2 & Under	Adult: \$15.50 Child: \$12.50	\$7.25/tix \$7.25/tix
<b>Mt. Olympus Theme &amp; Water Prk</b> Season: May 23–Sept 1, 2025	Age 2 & Under	Person: \$16.00	\$19.00/tix
<b>Noah's Ark Waterpark</b> Season: May 24–Sept 1, 2025	Kids under 36"	Adult: \$37.35 Child: \$37.35	\$22.64/tix \$12.64/tix
<b>Pirate's Cove Adventure Golf</b> Season: Mid–March–Late Oct, 2025	Age 4 & Under	Person: \$8.50	\$3.00/tix

Culpepper & Merriweather  
**CIRCUS**  
is coming to town!

**Wednesday, June 25**  
5:00pm & 7:30pm  
Clinton Jr./Sr. High School Back  
*Tent raising and grounds tour at 9:30am*

Ticket sales are coming soon! Tickets can be purchased in-person at a discounted price at the CAP office thru June 24 at 3pm.  
\$13/ages 13+ & \$8/ages 2-12 and ages 65+ & Free ages 2 & under  
Circus day tickets are \$16/ages 13+ & \$9/ages 2-12 and ages 65+

## Clinton Community Events

### Clinton Community School District

**Cougars Cafe: Literacy Family Night**  
April 17 at 4:30–6:00pm at CES

**Evening in the Arts**  
May 10 at 4:00–7:00pm at CJSH

**Clinton High School Auto Club Car Show**  
June 14 at 10:00am–4:00pm at CJSH

### Clinton Community

**Lucille Ball: "Time Travel Through History for All Ages"**  
April 19 at 1:00–3:00pm at CES  
Contact: CCHS/Clinton Senior Center

**Model A Day**  
June 1 at 9:00am–2:00pm Downtown Clinton.  
Contact: Rock-Ford A's

**Clinton Country Markets**  
June 8, Aug 3, Sept 28 at 9:00am–3:00pm  
Downtown Clinton. Contact: Sawdust & Iron

**Wrench Life Car Show**  
July 27 at 8:00am–3:00pm at Downtown Clinton.  
Contact: Traffic Jams Speed Shop

*Clinton Community events are not school-sponsored activities. CCSD does not provide support or endorsement of these activities. Contact CAP if you have a non-profit and non-sector event to include in future publications.*

SPECIAL EVENTS



### Safe Sitter Essentials w/ CPR

Instructor: Cortney Urbanek, YMCA

This program equips kids with the skills they need to stay safe when home alone, watching younger siblings, or babysitting. The class features engaging games and role-playing exercises. Participants will practice rescue techniques, such as choking rescue, using manikins. Class includes lunch, a safe sitter bag, and a student handbook. Please note, this class does not provide CPR certification. Max: 8

Sess	Age	Day	Date	Time	Location	Fee
1	11-14	Mon	4/21	8:30am-3:15pm	CES Conf. Room	\$75/person

Sess 1 Deadline Date: 4/13



### Jr. Decorators: Beach Cupcakes

Instructor: Katelyn Sauberlich, Wicked Sweets

Dive into a sweet seaside adventure with Kate from Wicked Sweets! This hands-on decorating class is perfect for Junior Decorators ready to unleash their creativity. Learn how to color the frosting, set up and fill a piping bag, create fondant sea shells, add ground vanilla cookie "sand," and decorate with various candies, cookies, and sprinkles to create beachy masterpieces! Leave with 6 boxed and decorated cupcakes and piping tips/bags used in class. \*Each Jr. Decorator ages 12 and under must be accompanied by an adult (adults may choose to help or watch the class and do not need a separate ticket). Min/Max: 7/16

Sess	Age	Day	Date	Time	Location	Fee
1	*6+	Wed	5/28	3:45-5:15pm	CJSH Rm 309	\$35/person

Sess 1 Deadline Date: 5/20

### Safe @ Home

Instructor: Cortney Urbanek, YMCA

Students learn how to practice safe habits, how to prevent unsafe situations, and what to do when faced with dangers such as power failures or weather emergencies. Students are also introduced to the Safe Sitter First Aid Chart and learn a system to help them assess and respond to injuries and illnesses. A booklet and snack are included. Max: 15

Sess	Age	Day	Date	Time	Location	Fee
1	9-12	Wed	5/14	3:30-5:00pm	CES Conf. Room	\$75/person

Sess 1 Deadline Date: 5/6

### SERVICE LEARNING OPPORTUNITIES

Need Service Learning hours to graduate? Earn them with CAP while gaining great experience for your resume! Help out with volleyball camps, Ride and Seek, Touch a Truck, and more. Get involved and make a difference!



For more info: [clintonactivities.com](http://clintonactivities.com)

### Youth Kitchen Skills

Instructor: Ashley Smith, Foods Teacher

Young chefs will gain confidence in the kitchen while making delicious quesadillas and apple nachos! This hands-on class covers essential skills like chopping, measuring, and stovetop cooking - including the art of flipping the perfect quesadilla! Kids will have a blast creating and enjoying their tasty dishes while building kitchen independence. Min/Max: 5/12

Sess	Age	Day	Date	Time	Location	Fee
1	8-12	Mon	4/28	3:45-5:45pm	CJSH Rm 309	\$30/person

Sess 1 Deadline Date: 4/20





## Youth Crocheting

Instructor: Miss Nikole, Doodles

Design your own bookmarks, coasters, hair accessories, stuffies, and much more when you learn how to crochet! This class is designed for those who have no experience and are wanting to give it a try! Learn the basics of crochet, how to read a simple pattern, terminology, and create useful projects! All supplies are included. (If you have your own hooks and yarn you want to use, feel free to bring them along.) Class meets 3 dates. Min/Max: 5/12

Sess	Age	Day	Date	Time	Location	Fee
1	6-13	Wed	7/9-7/23	11:45am-12:45pm	CES Cafeteria	\$62/person

Sess 1 Deadline Date: 7/1

## Cartooning & Anime

Instructor: Miss Nikole, Doodles

Discover cartooning techniques using characters from comics, TV, movies, and video games! Learn sketching, animation, expression, movement, and scene setting. Work with mixed media and design your own artistic style! All supplies included. Class meets 3 dates. Min/Max: 5/20

Sess	Age	Day	Date	Time	Location	Fee
1	6-13	Wed	6/18-7/2	11:45am-12:45pm	CES Cafeteria	\$50/person

Sess 1 Deadline Date: 6/10



## The Magic of Science

Instructor: Jakob Scholze, CCSD Science Teacher

Science exploratory series where kids get hands-on opportunities to explore a variety of science topics. Perfect for curious minds eager to explore the magic of science all around them! Class meets 4 dates. Min/Max: 10/20

Sess	Age	Day	Date	Time	Location	Fee
1	6-9	Tue	4/22-5/13	3:45-4:45pm	CJSH Rm 313	\$25/person

Sess 1 Deadline Date: 4/14



## Slime Time!

Instructor: Jerrica Llewellyn

Get ready for a gooey, hands-on adventure! In this fun and interactive class, kids will mix, stretch, and squish their very own slime creations. We'll explore different textures, colors, and add-ins to make each slime unique. Perfect for curious minds and little scientists, this activity encourages creativity and sensory play. Come ready to get messy and have a blast! Max: 10

Sess	Age	Day	Date	Time	Location	Fee
1	6-12	Wed	6/4	3:30-4:30pm	CES Cafeteria	\$12/person

Sess 1 Deadline Date: 5/27

## AI for Kids

Instructor: Jason Peters, GovTech Innovators

Discover the exciting world of Artificial Intelligence in this fun and interactive workshop! Kids will explore how AI shapes everyday life, from smart assistants to creative tools, while learning essential digital literacy and safety skills. Through hands-on activities like AI art creation, storytelling, and a "spot the fake" challenge, participants will gain a better understanding of AI's potential and risks. This engaging session empowers kids to think critically, stay safe online, and harness AI for creativity. Min: 5

Sess	Age	Day	Date	Time	Location	Fee
1	8-14	Tue	6/10	5:00-6:00pm	Virtual	\$25/person

Sess 1 Deadline Date: 6/2



## Coed Youth Volleyball Skills

Instructor: Ashley Smith, 8th Grade Volleyball Coach

This volleyball skills camp is designed for young athletes looking to develop their volleyball fundamentals. Led by the Clinton 8th Grade Volleyball Coach and players, the program will focus on serving, passing, setting, and hitting in a fun and supportive environment. Whether your child is new to the game or looking to improve, this camp is a great opportunity to build confidence and have fun on the court! Min/Max: 12/24

Sess	Age	Day	Date	Time	Location	Fee
1	Gr 3-6	Sun	5/4	2:30-4:30pm	CJSH Aux Gym	\$15/ person
2	Gr 3-6	Sun	5/18	2:30-4:30pm	CJSH Aux Gym	\$15/ person

Sess 1 Deadline Date: 4/27

Sess 2 Deadline Date: 5/11

## Friday Night Recess

Instructor: Ashley Smith

A fun-filled evening of active play awaits! Kids can enjoy free time with games such as basketball, dodgeball, and more. Whether coming solo or with friends, there's plenty of room to run, jump, and burn off energy. Plus, pizza and lemonade are included to keep everyone fueled up! It's a great way to make new friends and stay active while having a blast. Max: 40

Sess	Age	Day	Date	Time	Location	Fee
1	6-14	Fri	4/25	5:00-7:00pm	CES Back Gym	\$5/ person

Sess 1 Deadline Date: 4/17



## Foam Dart Frenzy

Instructor: Megan & Geoff Pasciak

Prepare for the ultimate foam blaster showdown! Join an action-packed event filled with exhilarating battles, strategic gameplay, and endless fun. Bring friends and family for a thrilling experience you won't want to miss. Adults are welcome to sign up or use the time to run errands. Please bring a blaster; darts and safety glasses will be provided. Min/Max: 15/30

Sess	Age	Day	Date	Time	Location	Fee
1	7+	Sat	4/12	1:00-3:00pm	CJSH Gym	\$15/ person
2	7+	Sat	5/17	1:00-3:00pm	CJSH Gym	\$15/ person

Sess 1 Deadline Date: 4/3

Sess 2 Deadline Date: 5/8

## Challenger Foundation Soccer Skills Camp

Instructor: International & U.S.-Based Players, Challenger Sports



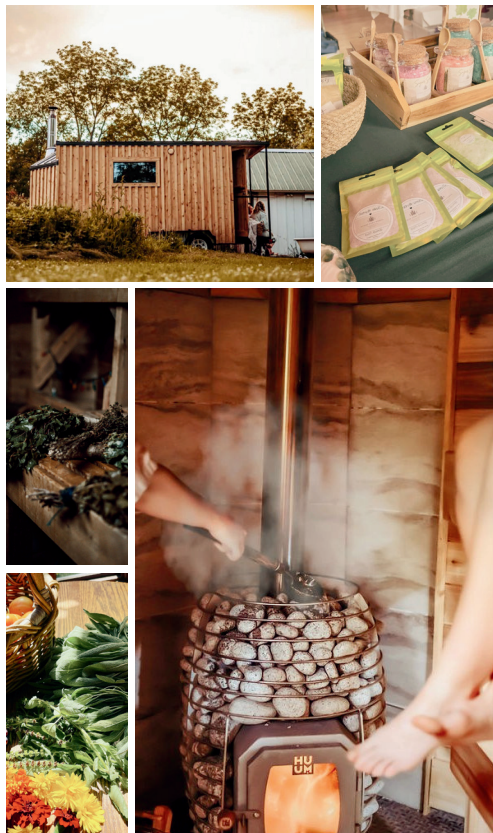
Coached by a team of international and U.S.-based staff, this camp enhances technical foundational skills while providing a unique cultural experience. Rooted in British training methodology, this camp introduces an international training approach to campers across the U.S. and Canada. The curriculum and coaching foundation combine with engaging delivery for an all-around positive experience. Energy and passion for the game create a fun yet developmental environment. Age-appropriate practices help players develop at their own pace, learn skills, and become well-rounded athletes - all while enjoying time with the staff. The program includes an educational approach that uses soccer to teach core values such as responsibility, integrity, respect, sportsmanship, and leadership. Camp includes a soccer ball and a jersey. Min/Max: 12/40

Sess	Age	Day	Date	Time	Location	Fee
1	6-14	Mon-Fri	7/7-7/11	11:45am-2:45pm	CJSH Soccer Fields	\$160/ person 5 days

## Serenity & Self-Care Retreat

Instructor: Homestead Sauna

Celebrate the arrival of spring with a rejuvenating and grounding nature retreat at Homestead Saunas. Nestled in a serene outdoor setting, this experience is the perfect way to recharge and connect with yourself and the rhythms of the season. What's Included: Woodfired Sauna Session: Relax in the warmth of a traditional woodfired sauna to detoxify and renew your body and mind. Foraging & Cooking Wild Edibles: Learn to identify and harvest seasonal wild edibles, then prepare a nourishing dish together. Herbal Infusion Workshop: Discover how to blend and brew herbal infusions tailored to your needs and tastes. DIY Salt Scrub Creation: Craft your own luxurious salt scrub infused with natural ingredients to take home and continue your self-care. Gentle Yoga Practice: Enjoy a calming yoga session designed to ground you in the present moment and release tension. Whether you're celebrating yourself or planning a Mother's Day gift, this retreat offers a space to relax, reconnect, and feel inspired by the gifts of nature. Min/Max: 4/16  
\*Homestead Sauna: 133 Martin St., Sharon



Sess	Age	Day	Date	Time	Location	Fee
1	18+	Sun	5/4	1:00-4:00pm	Home-stead Sauna	\$60/ person

Sess 1 Deadline Date: 4/27

## Steak Perfection & Cooking Techniques

Instructor: Ashley Smith, Foods Teacher

Elevate your culinary skills by learning the art of searing a steak to perfection and creating a simple, flavorful pan sauce. At the end of class, savor your delicious creation and impress your taste buds with your newfound expertise! Please bring your own heavy-bottom pan so you can learn using your own equipment; if you need a pan, please contact the CAP office. Fee includes one ribeye and all ingredients. Min/Max: 6/16

Sess	Age	Day	Date	Time	Location	Fee
1	16+	Tue	5/13	5:30-7:00pm	CJSH Rm 309	\$45/ person

Sess 1 Deadline Date: 5/5



## Spring Floral Cupcake Workshop

Instructor: Katelyn Sauberlich, Wicked Sweets

Level up your cupcake decorating game with Kate from Wicked Sweets! In this hands-on class, you'll learn how to create stunning buttercream spring floral designs on six delicious cupcakes (three vanilla and three chocolate). With all materials and aprons provided, each participant will have their own station setup for decorating. Learn how to color the buttercream, set up and fill piping bags, piping techniques for beautiful spring flower designs, adding delicate leaf accents, and boxing cupcakes for travel. Leave with 6 boxed and beautifully decorated cupcakes, a set of 24 piping tips, and couplers used in class. Min/Max: 7/25

Sess	Age	Day	Date	Time	Location	Fee
1	16+	Thu	4/10	6:00-8:00pm	Hickory Wood Events	\$35/ person

Sess 1 Deadline Date: 4/2

## Mixed Media & Collage Workshop

Instructor: Mary Zeimentz, Art Teacher

Explore your creativity in this hands-on workshop where you will combine paints, papers, fabric, and more to create a unique piece of art. Perfect for beginners and experienced artists alike, this session offers a relaxed environment to experiment with various materials and techniques. Min/Max: 5/30

Sess	Age	Day	Date	Time	Location	Fee
1	16+	Thu	7/17	12:00-3:00pm	CJSH Rm 323	\$35/person

Sess 1 Deadline Date: 7/9



Art pictures are examples

## AI for Adults

Instructor: Jason Peters, GovTech Innovators

AI is transforming daily life, from smart assistants to online security risks. This one-hour workshop introduces key AI concepts, practical uses, and potential dangers. Learn how AI can simplify tasks like meal planning, budgeting, and travel while also spotting deepfake scams and misinformation. With hands-on demos and safety tips, gain the confidence to navigate the AI-driven world and protect yourself and your family. Min: 5

Sess	Age	Day	Date	Time	Location	Fee
1	16+	Tue	6/10	7:00-8:00pm	Virtual	\$25/person

Sess 1 Deadline Date: 6/2



## Watercolor Workshop: Exploring Landscapes

Instructor: Mary Zeimentz, Art Teacher

Capture the beauty of sunshine and sunsets in this relaxing and inspiring watercolor workshop! Perfect for all skill levels, you'll learn essential techniques like washes, gradients, and layering to create glowing landscapes. By the end, you'll take home two stunning paintings and newfound watercolor skills. Min/Max: 5/30

Sess	Age	Day	Date	Time	Location	Fee
1	16+	Thu	7/10	12:00-3:00pm	CJSH Rm 323	\$35/person

Sess 1 Deadline Date: 7/2

## AI for Seniors

Instructor: Jason Peters, GovTech Innovators

Learn how AI can assist with daily tasks like medication reminders and staying connected, while also protecting yourself and your family from scams. This easy-paced workshop covers AI basics, hands-on demos, and practical tips to spot grandparent scams, phishing emails, and fraud. Gain confidence in using AI safely and securely in everyday life! Min: 5

Sess	Age	Day	Date	Time	Location	Fee
1	16+	Tue	6/10	10:00-11:00am	Virtual	\$25/person

Sess 1 Deadline Date: 6/2



## Posture Perfect SGT

Instructor: Megan Pasciak, Lifestyle Focus Fitness

Posture affects how we move and stand, but also affects how we look and feel. Join us for this invigorating yet calming class led by a Corrective Exercise Specialist that will help you learn what proper posture is and the most important exercises to improve it. Designed using elements from Tai Chi, Yoga, and Functional Strength Training this class is gentle on the joints and for all levels. Must be able to get up/down from the floor. Please wear comfortable clothing and bring a yoga mat. Min/Max: 3/50

Sess	Age	Day	Date	Time	Location	Fee
1	18+	Sat	4/12	10:30-11:30am	CES Library	\$16/person
2	18+	Sat	5/10	10:30-11:30am	CES Library	\$16/person

Sess 1 Deadline Date: 4/3

Sess 2 Deadline Date: 5/1

## Open Play Pickleball

You're invited, and all skill levels are welcome! Balls, nets, and some paddles will be provided, but feel free to bring your own paddle. Newcomers are welcome anytime - no partner or sign-up needed. Enjoy friendly competition and meet fellow pickleball enthusiasts in a welcoming environment.

Open Pickleball is organized in partnership with volunteer pickleball players who manage the Facebook group "Clinton, WI Pickleball." Be sure to follow the page for updates!

Sess	Age	Day	Date	Time	Location	Fee
1	16+	Wed	4/2-8/27	5:00-6:30pm	CES Back Gym	Free



## Kayak the Creek

Trip Leader: Brooke Franseen



Embark on a fun and relaxing two-hour social paddle along the scenic Turtle Creek! Whether you're a seasoned kayaker or a beginner, this adventure is perfect for anyone who enjoys nature, fresh air, and great company. Paddle at a relaxed pace while taking in the beautiful surroundings and connecting with fellow paddlers. The fee includes shuttling. Plan to meet at 9:15am to shuttle and be in the water by 10am. \*\*Kayaks are available for rent with shuttling included at registration. This is a partnership program with Paddle Adventure Club, LLC. Min/Max: 5/15 \*Hwy 140 Launch to Sweet Allyn Park

Sess	Age	Day	Date	Time	Location	Fee
1	16+	Fri	6/27	10:00am-12:00pm	*Turtle Creek	**\$10/person

\*\*Additional \$20 for a kayak rental (shuttling included)

Sess 1 Deadline Date: 6/22

## Intro to Pickleball

Instructor: Julie Fiebig

This class is an introductory class to the game of pickleball. Beginners will learn essential skills and techniques, including serving, returns, volleys, and dinking. The class covers scoring, rules, and foundational techniques for recreational play. Perfect for those new to the sport. Min/Max: 5/20

Sess	Age	Day	Date	Time	Location	Fee
1	18+	Mon/Wed	6/16-6/25	6:00-7:00pm	CES Front Gym	\$25/person

Sess 1 Deadline Date: 6/8

New programs are added throughout the seasons! Stay up to date by checking [clintonactivities.com](http://clintonactivities.com) for the latest offerings and updates.



## Better Balance

Instructor: Megan Pasciak, Lifestyle Focus Fitness

Come join the fun in this group class that will help with proprioception and balance. Most beneficial for advancing age individuals who want to improve their quality of life, or someone who has been through an injury causing an ability change. For individuals who can walk and stand unassisted, but have noticed their balance begin to decline. This program is a combination of static/dynamic exercises with elements from Tai Chi, Yoga, and Functional Movement Training. Please wear comfortable clothing and bring a yoga mat. Min/Max: 3/50

Sess	Age	Day	Date	Time	Location	Fee
1	18+	Sat	6/21	10:30-11:30am	CES Library	\$16/person
1	18+	Sat	7/12	10:30-11:30am	CES Library	\$16/person

Sess 1 Deadline Date: 6/12  
Sess 2 Deadline Date: 7/3

## Gradual Yoga

Instructor: Megan Pasciak, Lifestyle Focus Fitness

Join us for an invigorating yet relaxing yoga experience. This class combines work and rest to gradually improve balance, strength, and flexibility. Find calm after an intense day. We will practice a combination of standing and seated exercises that will help your joints feel good and help you train your posture muscles. All levels welcome; ability to get up/down off the floor required. Please bring a yoga mat. Min/Max: 5/20

Sess	Age	Day	Date	Time	Location	Fee
4	16+	Wed	4/9-4/30	3:45-4:45pm	CES Library	\$40/person
5	16+	Wed	5/7-5/28	3:45-4:45pm	CES Library	\$40/person

Sess 4 Deadline Date: 4/6  
Sess 5 Deadline Date: 5/4

## Sit 'N Be Fit

Instructor: Megan Pasciak, Lifestyle Focus Fitness

Experience the energy of this fun and upbeat chair-based exercise class! We will build community and focus on mobility at the same time. Led by a Corrective Exercise Specialist, learn to move every joint from head to toe all from the safety of sitting down or supported standing. If balance is an issue, this is a great way to learn how to adapt so you can sit tall and stay strong. This class incorporates great music that will brighten your day and movement that will help you feel less stiff and achy. Min/Max: 5/50

Sess	Age	Day	Date	Time	Location	Fee
1	18+	Wed	7/9-7/30	10:30-11:30am	CJSH Multi. Rm	\$42/person

Sess 1 Deadline Date: 7/1



## Zen & Sip

Instructor: Megan Pasciak, Lifestyle Focus Fitness

Yoga is for every body! Join this class that will help you de-stress and feel connected with your community. Registration includes a 60-min yoga class that will strengthen, stretch, balance, and calm your mind and body followed by a delicious fruit infused refreshment. Please wear comfortable clothing and bring a yoga mat. Min/Max: 3/50

Sess	Age	Day	Date	Time	Location	Fee
1	18+	Sat	4/12	9:00-10:00am	CES Front Lawn	\$20/person
2	18+	Sat	5/10	9:00-10:00am	CES Front Lawn	\$20/person

Sess 1 Deadline Date: 4/3  
Sess 2 Deadline Date: 5/1

Below are volunteer-run youth organizations in Clinton that offer additional recreational activities. For any questions, please contact the individuals listed.

### Clinton Youth Baseball

The program is a recreational league for ages 4-14, playing in the Stateline League with Clinton, Roscoe, and Rockton. The season runs from mid-May to mid-July and features an end-of-season tournament and an all-star game, with age groups divided into 4U, 6U, 8U, 10U, 12U, and 14U.

Email: [pwesling25@yahoo.com](mailto:pwesling25@yahoo.com)

Website: [www.clintonyouthsports.com](http://www.clintonyouthsports.com)

### Clinton Youth Football

Flag football for current 1st and 2nd graders and tackle football for current 3rd through 6th graders in a recreational yet competitive atmosphere that teaches valuable football and life skills. Registration opens in April, with an 8-12 week season starting in August and ending in October depending on the level.

Email: [clintonyouthfootballclub@gmail.com](mailto:clintonyouthfootballclub@gmail.com)

Website: [www.clintonyouthsports.com](http://www.clintonyouthsports.com)

### Clinton Youth Wrestling

The program is a competitive wrestling club ranging in ages Kindergarten through 8th grade. The season begins mid-November and runs through mid-March. All experience levels welcome..

Email: [roniquet@clintonwis.com](mailto:roniquet@clintonwis.com)

### Clinton Cub Scouts Pack 322

Clinton Cub Scouts Pack 322 meets at 6:00pm on the first and third Tuesday of each month from September to May at the Clinton Senior Center/American Legion/VFW hall.

Contact: Crystal Byerley

Text or Call: 815-970-2740

Website: [beascout.org](http://beascout.org)

### Clinton Youth Basketball

Youth basketball is for grades 1-8 with practices beginning shortly after Labor Day. Players have an average of two practice days per week through the season with other additional skill building opportunities.

Email: [speters10119@gmail.com](mailto:speters10119@gmail.com)

Website: [www.clintonyouthsports.com](http://www.clintonyouthsports.com)

### Clinton Youth Softball

The program is a recreational league for ages 6-14. Practices are in Clinton and games are in the Janesville Youth Softball League. The season runs from mid-May to the end of July. The program focuses on teaching fundamentals and developing knowledge of the sport.

Email: [bellem0310@hotmail.com](mailto:bellem0310@hotmail.com)

Website: [JYBSA.org](http://JYBSA.org)

### Youth Bowling

At Cougar Lanes in Clinton, youth bowling leagues offer coaching, scholarship opportunities, and sportsmanship development. The leagues, open to ages 8 and under as well as ages 9 and up, take place after school on Tuesdays or Thursdays, or on Saturday mornings, starting in September and running through mid-April.

Email: [mark@cougarlanes.com](mailto:mark@cougarlanes.com)

Website: [www.cougarlanes.com/Youth](http://www.cougarlanes.com/Youth)

### Clinton Girl Scouts

Clinton Girl Scouts meets from September to May. If you're interested in learning more about how to join girl scouts, please contact Ashley Thiede.

Contact: Ashley Thiede

Call: 262-233-0772

Email: [ashley.thiede@yahoo.com](mailto:ashley.thiede@yahoo.com)



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# WHAT'S HAPPENING IN CLINTON?

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Recap Pictures



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